



Smoothie Menu

- Energize Me 4.95 5.95
Oranges, Bananas, Almonds, Rice Milk,
Honey, Vanilla & Energizer Formula
- Immune Me 4.25 5.95
Strawberries, Kiwi, Banana, Honey,
Immune Formula, Vitamin C, Soy Protein
- Thin Me 4.59 6.59
Strawberries, Banana, Honey, Vanilla,
Wheat Germ, Diet Formula, Rice Milk
- Skip A Meal 3.95 5.25
Peaches, Mango, Strawberries, Banana, Vanilla, Meal Replacement
- Tropical Squeeze 4.75 5.95
Strawberries, Bananas, Pineapple, Mango,
Papaya Juice, Oranges, Honey
- Mango Mambo 4.25 5.95
Mango, Coconut, Banana, Honey, Energizer Formula & Protein
- Pineapple Passion 4.25 5.95
Pineapples & More Pineapples, Oranges, Mango, Honey
- Strawberry Splash 3.95 5.25
Strawberries Banana, Protein, Immune Formula & Wheat Germ Oil
- Blueberry Burst 3.95 5.25
Blueberries, Banana, Honey, Rice Milk, Energizer & Protein Formula
- Peach Me 3.95 5.25
Lots of Peaches, Banana, Papaya, Honey & Protein formula
- Peanut Butter Lover 3.95 5.45
Peanut Butter, Banana, Rice Milk, Honey & Protein
- Almond Lover 4.45 5.95
Bananas, Soy Milk, Almonds, Honey, Almond Milk

Nutritional Boost

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|-----------------------|-----------------------|
| Fat Burners75 | Flax Oil75 |
| Energizer75 | Honey75 |
| Weight Gain75 | Maple Syrup75 |
| Fiber75 | Chlorella75 |
| Protein75 | Spirulina75 |
| B-1275 | |



- Black Bean Burger \$4.99
Black Bean Patty served with Chipotle Veganaise, alfalfa sprouts,
cucumbers, tomatoes, red onions in whole grain bread
- Burgers \$5.39
Choose one: Boca Burger, Portabella, Soy "not" Chicken
Topped with: Lettuce, tomatoes, red onions,
veganaise, mustard, ketchup
- PoBoys 6 in 5.99 12 in 7.99
Choose one: Avocado, Boca, Soy "not" chicken or portabella.
Mixed with peppers in a wheat poboy bread
Topped with: lettuce, tomatoes, red onions,
veganaise, mustard, ketchup
- Wraps 7.25
Choose one: Avocado, Boca, Soy "not" Chicken, Portabella
Topped with: mixed greens, tomatos, red onions,
veganaise, mustard, ketchup
- Sister Rolls 2 for 2.95
Shredded Cabbage, carrots, peanuts and soy chicken
rolled in a nori sheet w/Ranch Dipping sauce
- Extras Avocado 1.50 Soy cheese .95 Mushrooms 3.00

RAW FOODS

We carry at least 10 different raw dishes daily please call for availability!
Our Kale is always locally grown.

- Chose any 3 Raw items \$7.99
- 4 items \$9.99
- 5 items \$11.99

- Garlic Kale** bite sized Kale tossed in a spicy garlic sauce
- Lemon Kale** Bite sized kale tossed in a sesame and lemon sauce
- Spinach & Mushroom** Spinach and mushroom with sesame oil
- Carrot Supreme** Carrot pulp seasoned w/ seaweed & veganaise
- Pate** Mixed nuts, bell peppers and seasoned purified to perfection
- Bean Threads** Mung beans seasoned with curry and sesame oil

- Small soup 3.49 Large soup 5.19
Red beans, white beans, lentils, chili beans
- Hot water cornbread \$1.00

And more according to availability!

4915 MLK Blvd., Houston, TX 77021
713-643-2884

Mon-Fri 9:30am-6:30pm • Sat 9:30am-5pm • Closed Sundays

WWW.SUNSHINECKLS.COM